

CURRICULUM VITA SUMMARY

(Updated as of January 2011)

Dr. Kelly D. Benn, C. Psych.

dr.benn@sympatico.ca

Registered Clinical, Health, & Rehabilitation Psychologist

Office Address: 612 Colborne Street, London, ON, N6B 2V2.

Phone: 519-433-3733

Fax: 519-433-1269

Education: **Doctorate in Psychology (Clinical)**

Experience: **Adjunct Clinical Faculty, Department of Psychology, UWO.**

Independent Practice- 07/2001 to present

Clinical, Health, & Rehabilitation Psychology (Adults & Children)

Assessment (Plaintiff & Defense), Treatment, Consultation

Consulting Psychologist-CBI Health Network, London

05/2008 to 01/2010

EMDR Therapy EMDRIA approved Training

Doctoral Internship- Behavioural Medicine

London Health Sciences Centre (1800+ hours)

Pre-Doctoral Practica: 7 years (3+ Behavioural Medicine Context)

Professional Memberships:

College of Psychologists of Ontario Registration Number: 3805

Practice Areas: Clinical (adults), Health & Rehabilitation (adults, adolescents, children)

Adjunct Clinical Professor, Department of Psychology, University of Western Ontario.

Canadian Register of Health Service Providers in Psychology: 05999

American Psychological Association

American Academy of Experts in Traumatic Stress

National Center For Crisis Management

Ontario Psychological Association

London Regional Psychological Association

(Executive 2001-2007)

Canadian Academy of Psychologists in Disability Assessment

Brain Injury Association of London and Region

(Board of Directors 2005-2007)

EMDR Canada Professional Association

Dr. Kelly D. Benn, Ph. D., C. Psych.

Mailing Address: 612 Colborne St., London ON, N6B 2V2
(519) 433-3733 **email: dr.benn@sympatico.ca**

EDUCATION AND CERTIFICATION

Career and Work Counselling Programme, George Brown College, 09/2010 - 06/2011

Common Assessment Certificate, January 2011

Personality Dimensions Qualified Facilitator, November 2010

Doctorate in Psychology, Clinical Psychology (APA/CPA Accredited)
University of Western Ontario, 2001

Dissertation: *Formal modelling of preferences and mechanisms underlying decision-based coping under stress.*

Comprehensive Examination Paper: June, 1996; *Formal/Quantitative research in clinical psychology: Stimulation of theory and research on stress and coping.*

Master of Arts, Clinical Psychology (APA/CPA Accredited)
University of Western Ontario, 1995
Thesis: *Validation of a formal model of decisional control and extension to individual differences*

Bachelor of Arts, Honours, Psychology
University of Western Ontario, 1992
Thesis: *The 'costs' of coping: Examination of threats associated with coping options which influence propensity to engage in active counter-stress behaviours.*

PROFESSIONAL MEMBERSHIPS

College of Psychologists of Ontario Certificate Registration Number: 3805
*Psychology Practice Areas: **Clinical** (adults), **Health & Rehabilitation** (adults, children)*

Adjunct Faculty Member, Department of Psychology, University of Western Ontario

Association for Scientific Advancement in Psychological Injury and the Law

Canadian Academy of Psychologists in Disability Assessment

Canadian Register of Health Service Providers in Psychology: 05999

American Psychological Association

Ontario Psychological Association

London Regional Psychological Association (Executive 2001-2007)

Brain Injury Association of London (Board of Directors 2005-2007)

American Academy of Experts in Traumatic Stress

National Center For Crisis Management

EMDR Canada Professional Association

CLINICAL AND PROFESSIONAL WORK EXPERIENCE

09/2009 – Present **Adjunct Clinical Faculty**, University of Western Ontario
Department of Psychology

12/2009 – Present **EMDRIA Approved –EMDR Therapist**

05/2008 – 01/2010 **Consulting Psychologist, CBI Health Network, London**

12/2002 – Present **Private Practice**, London, ON

- General Clinical Psychology; Health Psychology; Rehabilitation Psychology Plaintiff/Defence Assessments; Treatment; Consultation; Expert Testimony
- Clinical Psychology (Adults), Health & Rehab Psychology (Adults, Children)

07/2001 – Present **Kaplan & Kaplan Clinic and Designated Assessment Centre**,
Hamilton, ON

- General Clinical Psychology; Medical legal assessments; CATDAC assessments; Medical rehabilitation assessments, treatment, consultation
- Physical Injury & Acquired Brain Injury Rehabilitation
- Clinical Psychology (Adults), Health & Rehab Psychology (Adults, Children)

09/1999 – 09/2000 **London Health Sciences Centre**, London, ON
Psychology Intern (APA/CPA Accredited; 1800+ clinical hours)

Service Rotations: Adult Behaviour Medicine; Women's Health; Adult Outpatient Psychotherapy; Consultation-Liaison (Adult, Child); Paediatric CCU; Paediatric Medical Clinics; Juvenile Diabetes/Endocrinology

- Assessment, treatment and consultation in the areas of mental health (adults) and behavioural medicine (adults & children)
- Research and program development: Juvenile Diabetes Team

09/1998 – 09/1999 **Paediatric Psychology Department**
London Health Sciences Centre, West. Campus, London, ON

- Assessment, intervention (individual/group), and program development services for children/adolescents and families in coping with chronic medical conditions

09/1998 – 09/1999 **London Intercommunity Health Centre**, London, ON

- Assessment, intervention, and consultation services within multi disciplinary community setting to traditionally marginalized populations

09/1997 – 09/1998 **Behavioural Medicine Service**
London Health Sciences Centre, South Street, London, ON

- Assessment, intervention, and consultation services to culturally diverse population of adults and older adolescents referred for medical conditions (chronic pain, migraine, head injury, fibromyalgia, oncological/gynaecological)
- Inpatient/outpatient services, individual/group interventions

09/1996 – 05/1998 **Psychology Service, Student Development Centre**
University of Western Ontario, London, ON

- Assessment, treatment (individual, group), and crisis intervention services to culturally diverse student population presenting with general mental health issues

09/1995 – 05/1996

Tillman Mental Health Centre
St. Joseph's Health Centre, London, ON

- Long-term, intensive intervention services for adult population presenting with major Axis I and Axis II psychological issues
- Semi-structured stress management/relaxation group intervention

05/1997 – 05/1998

Adult Psychiatric Rehabilitation Service
St. Thomas Psychiatric Hospital, St. Thomas, ON

- Comprehensive assessment (personality/affect/intellectual/cognitive functioning)
- Inpatient and outpatient psychiatric population (primarily psychotic disorders)
- Consultation and in-service training (social workers, nurses, case managers)

09/1994 – 05/1995

London Psychiatric Hospital, London, ON

- Comprehensive assessment (personality/affect/intellectual/cognitive functioning)
- Inpatient and outpatient psychiatric population (primarily affective disorders)
- Team conferencing and treatment planning

09/1994 – 05/1995

Paediatric Psychology Department
London Health Sciences Centre, West. Campus, London, ON

- Assessment and consultation services for children/adolescents and families coping with chronic medical conditions

07/1993 – 09/1998

Western Ontario Therapeutic Community Hostel (WOTCH)
London, ON

- Volunteer Case Manager providing ongoing community-based psychosocial support and advocacy to psychiatric outpatient population

07/1993 – 09/1998

Activity and Learning Centre
Western Ontario Therapeutic Community Hostel (WOTCH)
London, ON

- Development and provision of community-based rehabilitation and support programming (life skill enhancement, health education, advocacy, support) for psychiatric outpatient drop-in centre

AWARDS/HONOURS

Special University Scholarship, 1993 to 1998

Dean's Honour List, 1990 to 1992

Entrance Scholarship, 1985

EXPERT TESTIMONY/COURT APPEARANCES

03/29/2005

Norfolk County District Court- Physical/Sexual Assault Civil Suit

RESEARCH AND RELATED EXPERIENCE

07/1998 – 12/2002

Women's Health Research Group

London Health Sciences Centre, West. Campus, London, ON

- Participating member of a multidisciplinary research project aimed at identifying correlates of patient satisfaction and positive outcome following gynaecological surgery
- Development of a comprehensive questionnaire package for pre- post- and follow-up assessment of: coping strategies, affect, quality of life, knowledge of the medical condition and surgical procedure, quality of service-provision, patient satisfaction, and physical symptomatology

08/2002 – 12/2002

Chatham-Kent Health Alliance, Chatham, ON

- Contracted research comparing perceived satisfaction with changes in documenting procedures among hospital nursing staff in ICU and Psychiatry wards

02/1998 – 09/2000

Gynaecology/Oncology Support Group

London Health Sciences Centre, South Campus, London, ON

- Research conducted in association with a support group for women previously treated for gynaecological cancer
- Co-facilitator and responsible for organizing and summarizing pre- and post-intervention data obtained through comprehensive questionnaires including: coping tendencies, perceived coping efficacy, functional impairment across several life domains (work, social, recreational, sexual), affective adjustment, and health locus of control.

09/1999 – 09/2000

Juvenile Diabetes Program

London Health Sciences Centre, West. Campus, London, ON

- Pre/Post measures/evaluation of stress for parents of preschoolers with diabetes

02/1993 - 11/1993

Child and Adolescent Psychiatry Unit

London Health Sciences Centre, West. Campus, London, ON

- Follow-up assessment interviews; collecting, organizing and summarizing data obtained from interviews; testing; and file review for adolescents/young adults previously treated in an inpatient program for eating disorders as part of a study of long-term treatment outcomes

1992-93

Research Assistant: Dr. R.W.J(Jim) Neufeld,
Department of Psychology, University of Western Ontario Canada.

1991-92

Research Assistant: Dr. Gary Rollman,
Department of Psychology, University of Western Ontario

1990-91

London Psychiatric Hospital, London, ON

- Independent Research:
"Occupational fatigue in the psychiatric nursing profession"
- Third-year undergraduate research project in co-ordination with the London Psychiatric Hospital, examined correlates of high job-stress such as years nursing, level of training, hospital unit/ward, and job satisfaction.

PUBLICATIONS AND PRESENTATIONS

Benn, K. D., & Neufeld, R. W. J. (2005). Formal modelling of preferences for decisional control: Validation, replication and psychometric correlates. (unpublished three-study manuscript).

Benn, K. D., Mitchell, B., & McDermott, K. (2003). Management of preschoolers with diabetes: Group intervention for problem areas. Presentation for the Juvenile Diabetes Conference, October 2003, Ottawa, Ontario.

Mitchell, B., **Benn, K.D.**, & McDermott, K. (2000). Issues and stressors for parents of preschoolers with diabetes. Presented at the Canadian Psychological Association Convention, June 2000, Ottawa, Ontario.

Otchet, F., **Benn, K.D.**, & Dal Bello, D. (2000). Psychosocial factors in patients undergoing treatment for gynaecological cancer. Presented at the Canadian Psychological Association Convention, June 2000, Ottawa, Ontario.

Carter, J. R., Neufeld, R. W. J., & **Benn, K. D.** (1998). Application of process models in psychological assessment: Potential assets and liabilities. Psychological Assessment, *84*, 1279-93.

Otchet, F., Dal Bello, D., & **Benn, K. D.** (1998). Affecting outcomes of gynaecological cancer patients. Presented at the International Women's Health Conference, June 1998, Indiana.

Benn, K. D., & Neufeld, R. W. J. (1997). Formal modelling of decisional control: Personality correlates of parameter values. Presented at the Canadian Psychological Association, June 1997, Toronto, Ontario.

Benn, K. D. (1996a). Formal/Quantitative research in personality psychology: Stimulation of theory and research on stress and coping. Research Bulletin #742, Department of Psychology, University of Western Ontario, London, Ont., Canada.

Benn, K. D., & Neufeld, R. W. J. (1996b). Decisional control under stress. Presented at the American Psychological Association Convention, August 1996, Toronto, Ontario.

Benn, K. D. (1995). Validation of a formal model of decisional control. Unpublished Master of Arts thesis.

Benn, K. D. (1992). The 'costs' of coping: Examination of threats associated with coping options which may influence one's propensity/reticence to engage in counter-stress behaviours. Unpublished Bachelor of Arts thesis.

TEACHING, SUPERVISORY. AND RELATED EXPERIENCE

03/2009	"Psychological Aspects of Behavioural Activation" Invited in-service presentation for staff at Rehab1st Inc., London
09/2005 – 04/2007	Primary Supervisor- College of Psychologists of Ontario Registrant (clinical, health, & rehabilitation areas of practice)
06/1999 – 08/1999	Psychology 154- Psychological Aspects of Life Skills University of Western Ontario (class of 50)
03/1998 (invited)	"Personality Factors in Counselling Relationships" In-service for counsellors at the London Intercommunity Health Centre
1994 – 1999	Psychology 020- Introduction to Psychology

University of Western Ontario (class of 1240)

- 1993 – 1994 Psychology 020- Introduction to Psychology
University of Western Ontario (class of 340)
- 11/1996
(invited) “Introduction to Stress Management and Relaxation Training”
In-service for entering MBA students, University of Western Ontario
- 02/1994 Introduction to Psychopathology”
In-service for new volunteers of the WOTCH program, London, ON

OTHER

- 05/2005
& 05/2006 Planned/Organized/Ran the London Mental Health Tune-Up (2-day public
mental health educational event and expo)
- 09/1996 – 09/2000 Editorial Board: Western Journal of Graduate Research (appointed)
University of Western Ontario, London, ON
- 07/1998 – 09/1999 Clinical Student's Advisory Committee (elected)
University of Western Ontario, London, ON
- 1995-96 Space and Facilities Committee (elected)
University of Western Ontario, London, ON
- 1994-96 Undergraduate Affairs Committee (elected)
University of Western Ontario, London, ON

PROFESSIONAL ENHANCEMENT ACTIVITIES; WORKSHOPS/SEMINARS/CONFERENCES

(Pages available upon request)

LANGUAGES

- English Read, Write, Speak (fluent)
French Read, Write, Speak (working knowledge)